

EVIDENCE BASED PRACTICE SELF-ASSESSMENT TOOL

DATE: _____

CHECK ONE:

I am: an administrator
 professional staff
 other _____

The purpose of the Evidence Based Practice (EBP) Self-Assessment Tool is to help professionals and organizations consider the extent to which they embrace the core tenants of EBP and to identify the organization's strengths and areas to improve. Although it is common to use the phrase "evidence-based practice" to refer to a program, curriculum, intervention, or treatment, for the purpose of the EBP Self-Assessment Tool, EBP is a decision making process that is informed by three sources: 1) best available research evidence, 2) clinical expertise, and 3) client and family characteristics, values, and preferences. Importantly, in the items below the word "practice" refers to all professional activities of an individual and not a single intervention or program.

Directions for Use: Approximately 50% of an organization's professional staff and administrators should independently complete the Self-Assessment Tool in a manner that maintains confidentiality of responders. Someone within the organization should gather the completed Self-Assessment Tools and summarize the results. At a staff meeting, the results should be shared with an eye toward identifying areas in which the organization and professionals can improve their implementation of EBP. Goals should be derived from the results and the process of gathering information using the Self-Assessment Tool should be repeated at regular intervals (e.g., 6 months) to monitor the organization's progress toward comprehensive implementation of EBP.

Indicate the extent to which you agree with each statement by circling a number between 0-3.

| ORGANIZATION | Strongly Agree | Somewhat Agree | Somewhat Disagree | Strongly Disagree |
|---|----------------|----------------|-------------------|-------------------|
| EBP is central to the mission and philosophy of my organization. | 3 | 2 | 1 | 0 |
| EBP is implemented in my organization. | 3 | 2 | 1 | 0 |
| Administrators regularly supply resources (e.g., articles, reports, professional development) to support the implementation of EBP. | 3 | 2 | 1 | 0 |
| Fiscal resources are used to support the implementation of EBP. | 3 | 2 | 1 | 0 |
| Monitoring and sharing outcomes are essential in my organization's culture. | 3 | 2 | 1 | 0 |
| I have sufficient resources and support to implement EBP. | 3 | 2 | 1 | 0 |

| INDIVIDUAL | Strongly Agree | Somewhat Agree | Somewhat Disagree | Strongly Disagree |
|--|----------------|----------------|-------------------|-------------------|
| I value EBP as a decision making framework. | 3 | 2 | 1 | 0 |
| I have an ethical and professional responsibility to implement EBP. | 3 | 2 | 1 | 0 |
| I regularly use research findings to inform my practice. | 3 | 2 | 1 | 0 |
| I regularly use client data to inform my practice. | 3 | 2 | 1 | 0 |
| When making decisions, I value research evidence. | 3 | 2 | 1 | 0 |
| When making decisions, I value clinical/field experience. | 3 | 2 | 1 | 0 |
| When making decisions, I value the characteristics, values, and preferences of my client(s). | 3 | 2 | 1 | 0 |
| I have sufficient reason or motivation to implement EBP. | 3 | 2 | 1 | 0 |

Circle the frequency of each activity. Use the 0-3 point scale to calculate the total.

| PRACTICE | 3 | 2 | 1 | 0 |
|--|----|-----|-----|---|
| In the past 8 weeks, I have read ___ research articles. | 6+ | 4-5 | 1-3 | 0 |
| In the past 8 weeks, I have used the internet to locate/identify empirically-supported curricula, interventions or treatments ___ times. | 3+ | 2 | 1 | 0 |
| In the past 8 weeks, I have created/reviewed graphs of client/student data ___ times. | 6+ | 4-5 | 1-3 | 0 |
| In the past 8 weeks, I have collected data to assess the effectiveness of a curriculum, intervention, or treatment ___ times. | 6+ | 4-5 | 1-3 | 0 |

TOTAL POINTS:

| | |
|--|----|
| | 54 |
|--|----|